

# Analysis of Access, Reception, and Bonding of Men in Primary Care: Systematic Review Protocol

Análise do Acesso, Acolhimento e Vínculo de Homens na Atenção Primária: Protocolo de Revisão Sistemática=  
Análisis del Acceso, la Acogida y el Vínculo de los Hombres en la Atención Primaria: Protocolo de Revisión Sistemática

## RESUMO:

**Objetivo:** analisar estratégias eficazes para ampliar o acesso, promover o acolhimento e fortalecer o vínculo dos homens na Atenção Primária à Saúde. **Método:** levantamento bibliográfico, conduzido pelo Joanna Briggs Institute, utilizando “revisão sistemática”, conforme o protocolo PRISMA e PROSPERO. A pergunta da pesquisa é “O que se mostra eficaz para ampliar o acesso, promover o acolhimento e fortalecer o vínculo de homens na Atenção Primária à Saúde?”. Utilizou-se descritores controlados, em português, espanhol e inglês, e buscas nas bases de PubMed, BVS, Scopus, Periódicos Capes e Scielo (incluindo MEDLINE e LILACS), CINAHL e EMBASE. Foram incluídos artigos originais na íntegra, avaliados por dois revisores por meio da plataforma Rayyan, sendo eventuais divergências solucionadas por um terceiro avaliador. **Resultados:** os estudos selecionados comporão matriz de extração para síntese e análise. **Conclusão:** o protocolo orientará a revisão, apoiará a identificação de lacunas, a síntese do conhecimento e o direcionamento para estudos futuros. **DESCRIPTORES:** Homens; Atenção primária à saúde; Acolhimento; Acesso à atenção primária; Relações profissional-paciente;

## ABSTRACT:

**Objective:** to analyze effective strategies for expanding access, promoting acceptance, and strengthening the bond between men and Primary Health Care. **Method:** Bibliographic survey conducted by the Joanna Briggs Institute using a “systematic review” in accordance with the PRISMA and PROSPERO protocols. The research question is “What is effective in expanding access, promoting acceptance, and strengthening the bond of men in Primary Health Care?”. Controlled descriptors were used in Portuguese, Spanish, and English, and searches were conducted in the PubMed, BVS, Scopus, Capes Journals, and Scielo (including MEDLINE and LILACS), CINAHL, and EMBASE databases. Full-text original articles were included and evaluated by two reviewers using the Rayyan platform, with any discrepancies resolved by a third evaluator. **Results:** The selected studies will comprise an extraction matrix for synthesis and analysis. **Conclusion:** The protocol will guide the review, support the identification of gaps, the synthesis of knowledge, and the direction for future studies. **DESCRIPTORS:** Men; Primary health care; Reception; Access to primary care; Professional-patient relationships;

## RESUMEN:

**Objetivo:** analizar estrategias eficaces para ampliar el acceso, promover la acogida y fortalecer el vínculo de los hombres en la Atención Primaria de Salud. **Método:** estudio bibliográfico, realizado por el Joanna Briggs Institute, utilizando una «revisión sistemática», de acuerdo con el protocolo PRISMA y PROSPERO. La pregunta de la investigación es «¿Qué resulta eficaz para ampliar el acceso, promover la acogida y fortalecer el vínculo de los hombres en la Atención Primaria de Salud?». Se utilizaron descriptores controlados, en portugués, español e inglés, y búsquedas en las bases de datos PubMed, BVS, Scopus, Periódicos Capes y Scielo (incluidas MEDLINE y LILACS), CINAHL y EMBASE. Se incluyeron artículos originales completos, evaluados por dos revisores a través de la plataforma Rayyan, y las posibles divergencias fueron resueltas por un tercer evaluador. **Resultados:** los estudios seleccionados formarán parte de una matriz de extracción para su síntesis y análisis. **Conclusión:** el protocolo orientará la revisión, apoyará la identificación de lagunas, la síntesis del conocimiento y la orientación para futuros estudios. **DESCRIPTORES:** Hombres; Atención primaria de salud; Acogida; Acceso a la atención primaria; Relaciones profesional-paciente;

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**INTRODUCTION**

Men's health is affected by socially constructed norms that change according to time, geographical space, and culture. Hegemonic models of masculinity affect men's quality of life and the well-being of those around them<sup>(1-2)</sup> by favoring rigid norms associated with strength, courage, virility, and invulnerability, which encourage risky behaviors and compromise care and self-care<sup>(3)</sup>. At the same time, subaltern masculinities coexist, experienced by non-white, homosexual, bisexual, transgender, poor, and marginalized men, who face additional barriers to health promotion<sup>(4-5)</sup>.

The global epidemiological profile of this population, despite showing an increase in life expectancy between 2000 and 2018, reveals that men still live on average seven years less than women. In addition, the main causes of morbidity and mortality stand out because they are due to avoidable and preventable factors<sup>(6)</sup>. In Brazil, between 2020 and 2024, morbidity was predominantly related to injuries from external causes, followed by diseases of the circulatory system, digestive system, infectious and parasitic diseases, and respiratory diseases<sup>(7)</sup>. During the same period, mortality was mainly attributed to diseases of the circulatory system, followed by neoplasms, external causes, infectious and parasitic diseases, and diseases of the respiratory system<sup>(8)</sup>.

Although Brazil was a pioneer in Latin America in establishing a specific policy for men's health in 2009, the National Policy for Comprehen-

sive Men's Health Care (PNAISH), the health system has historically prioritized maternal and child care and, more recently, care for the elderly, considered to be the most fragile and socially vulnerable groups<sup>(9)</sup>. Given the unfavorable health indicators for the male population, there is a need for a qualified approach that addresses the specific and unique needs of men<sup>(10)</sup>. In this sense, it is imperative to recognize and promote studies that encourage greater demand for health services among men, expand access, improve the quality of care, and strengthen the link with Primary Health Care.

This study is justified by the gap in the literature, which limits the incorporation of the topic into routine practice, especially in public services. The aim is to recognize evidence-based strategies that improve care for the male population and support the decision-making process. From this perspective, the following guiding question was formulated: "What is effective in expanding access, promoting reception, and strengthening the bond of men in Primary Health Care?" Therefore, the objective is to analyze effective strategies to expand access, promote reception, and strengthen the bond of men in Primary Health Care.

**METHOD****Type of study**

This is a quantitative, bibliographic survey of the literature, supported by the methodology proposed by the *Joanna Briggs Institute* (JBI)<sup>(10)</sup>. One of the Evidence-Based Practice (EBP) research methods known as "system-

atic review" was used, in accordance with the PRISMA (*Preferred Reporting Items for Systematic Reviews and Meta Analyses*) protocol<sup>(11) (11)</sup>. This review was registered in the International Prospective Register of Systematic Reviews (PROSPERO), with registration number CRD4202563035.

The research question was developed using the PICO strategy, summarized by the acronym P.I.Co. Where "P" corresponds to people (Men), considering in this group adult men aged 20-9 years, "I" to interest (expanding access, promoting acceptance, and strengthening bonds), and "Co" to the study context (Primary Health Care<sup>(10-12)</sup>).

**Data collection period and eligibility criteria**

The search, reading, and tabulation of data from scientific publications took place between February and April 2025. The inclusion criteria were: original articles, available in full and *online*, in English, Portuguese, and Spanish, without time restrictions, related to the study theme, indexed in the following libraries/databases: *U.S. National Library of Medicine* (PubMed), *Virtual Health Library* (VHL), *Scientific Electronic Library Online* (SciELO) and *CAPEs Periodicals Portal* (PPC), *Web of Science* (WOS) and *Scopus* (Elsevier), including *Medical Literature Analysis and Retrieval System Online* (MedLine) and *Latin American and Caribbean Health Sciences Literature* (LILACS), *CINAHL*, and *EMBASE*.

These libraries/databases were chosen due to their national and international coverage, relevance to the health field, and access to updated data. The following were excluded: theses, dissertations, monographs, event proceedings, experience reports, case reports, review articles, research projects, non-original studies, *preprints*; articles in other languages,

works unrelated to the theme, and articles unavailable in full.

**Search/research strategy**

The search strategy for the studies used controlled descriptors from the Health Sciences Descriptors (DeCS) of the VHL and *Medical Sub-*

*ject Headings* (MeSH) of the *U.S. National Library of Medicine* (PubMed) in three languages, organized into three groups: Group 1 (Man), Group 2 Primary Health Care) and Group 3 (Reception, Access to Primary Care, Equity in Access to Health Services, Professional-Patient Relations). The

descriptors in Group 1 were crossed with each of the descriptors in Group 2 and Group 3 in the same language using the *Boolean* operator "AND." In addition, for synonymous descriptors, the *Boolean* operator "OR" was used between groups (Table 1).

**Table 1- Initial search strategy in the databases. Salvador, BA, Brazil, 2025.**

DESCRIPTOR	DATABASE	RESULTS	SEARCH STRATEGIES
DECS	SciELO via Web of Science	26	Homens OR Men OR Hombres OR Homem) AND (Atenção Primária à Saúde OR Primary Health Care OR Atención Primaria de Salud OR Atendimento Básico OR Atendimento Primário OR Atendimento Primário de Saúde OR Atenção Básica OR Atenção Básica de Saúde OR Atenção Básica à Saúde OR Atenção Primária OR Atenção Primária de Saúde OR Atenção Primária em Saúde OR Cuidado Primário de Saúde OR Cuidado de Saúde Primário OR Cuidados Primários OR Cuidados Primários de Saúde OR Cuidados Primários à Saúde OR Cuidados de Saúde Primários OR Primeiro Nível de Assistência OR Primeiro Nível de Atendimento OR Primeiro Nível de Atenção OR Primeiro Nível de Atenção à Saúde OR Primeiro Nível de Cuidado OR Primeiro Nível de Cuidados OR Acolhimento OR User Embracement OR Acogimiento OR Acceso à Atenção Primária OR Access to Primary Care OR Acceso a Atención Primaria OR Acessibilidade da Atenção Primária OR Acessibilidade dos Cuidados Primários OR Acceso aos Cuidados Primários OR Atenção Primária Acessível OR Cuidados Primários Acessíveis OR Equidade no Acesso aos Serviços de Saúde OR Equity in Access to Health Services OR Equidad en el Acceso a los Servicios de Salud OR Equidade no Acesso OR Relações Profissional-Paciente OR Professional-Patient Relations OR Relaciones Profesional-Paciente OR Contato com Familiares de Pacientes OR Contato com Pacientes OR Relacionamento Terapêutico OR Relação entre Profissional de Saúde e Paciente OR Relações Farmacêutico-Paciente)
	BVS	10	(Homens OR Men OR Hombres OR Homem) AND ((Atenção Primária à Saúde OR Primary Health Care OR Atención Primaria de Salud OR Atendimento Básico OR Atendimento Primário OR Atendimento Primário de Saúde OR Atenção Básica OR Atenção Básica de Saúde OR Atenção Básica à Saúde OR Atenção Primária OR Atenção Primária de Saúde OR Atenção Primária em Saúde OR Cuidado Primário de Saúde OR Cuidado de Saúde Primário OR Cuidados Primários OR Cuidados Primários de Saúde OR Cuidados Primários à Saúde OR Cuidados de Saúde Primários OR Primeiro Nível de Assistência OR Primeiro Nível de Atendimento OR Primeiro Nível de Atenção OR Primeiro Nível de Atenção à Saúde OR Primeiro Nível de Cuidado OR Primeiro Nível de Cuidados) OR (Acolhimento OR User Embracement OR Acogimiento) OR (Acceso à Atenção Primária OR Access to Primary Care OR Acceso a Atención Primaria OR Acessibilidade da Atenção Primária OR Acessibilidade dos Cuidados Primários OR Acceso aos Cuidados Primários OR Atenção Primária Acessível OR Cuidados Primários Acessíveis) OR (Equidade no Acesso aos Serviços de Saúde OR Equity in Access to Health Services OR Equidad en el Acceso a los Servicios de Salud OR Equidade no Acesso) OR (Relações Profissional-Paciente OR Professional-Patient Relations OR Relaciones Profesional-Paciente OR Contato com Familiares de Pacientes OR Contato com Pacientes OR Relacionamento Terapêutico OR Relação entre Profissional de Saúde e Paciente OR Relações Farmacêutico-Paciente))
	LILACS	7	(Homens OR Men OR Hombres OR Homem) AND ((Atenção Primária à Saúde OR Primary Health Care OR Atención Primaria de Salud OR Atendimento Básico OR Atendimento Primário OR Atendimento Primário de Saúde OR Atenção Básica OR Atenção Básica de Saúde OR Atenção Básica à Saúde OR Atenção Primária OR Atenção Primária de Saúde OR Atenção Primária em Saúde OR Cuidado Primário de Saúde OR Cuidado de Saúde Primário OR Cuidados Primários OR Cuidados Primários de Saúde OR Cuidados Primários à Saúde OR Cuidados de Saúde Primários OR Primeiro Nível de Assistência OR Primeiro Nível de Atendimento OR Primeiro Nível de Atenção OR Primeiro Nível de Atenção à Saúde OR Primeiro Nível de Cuidado OR Primeiro Nível de Cuidados) OR (Acolhimento OR User Embracement OR Acogimiento) OR (Acceso à Atenção Primária OR Access to Primary Care OR Acceso a Atención Primaria OR Acessibilidade da Atenção Primária OR Acessibilidade dos Cuidados Primários OR Acceso aos Cuidados Primários OR Atenção Primária Acessível OR Cuidados Primários Acessíveis) OR (Equidade no Acesso aos Serviços de Saúde OR Equity in Access to Health Services OR Equidad en el Acceso a los Servicios de Salud OR Equidade no Acesso) OR (Relações Profissional-Paciente OR Professional-Patient Relations OR Relaciones Profesional-Paciente OR Contato com Familiares de Pacientes OR Contato com Pacientes OR Relacionamento Terapêutico OR Relação entre Profissional de Saúde e Paciente OR Relações Farmacêutico-Paciente))
	Bdenf	4	(Homens OR Men OR Hombres OR Homem) AND ((Atenção Primária à Saúde OR Primary Health Care OR Atención Primaria de Salud OR Atendimento Básico OR Atendimento Primário OR Atendimento Primário de Saúde OR Atenção Básica OR Atenção Básica de Saúde OR Atenção Básica à Saúde OR Atenção Primária OR Atenção Primária de Saúde OR Atenção Primária em Saúde OR Cuidado Primário de Saúde OR Cuidado de Saúde Primário OR Cuidados Primários OR Cuidados Primários de Saúde OR Cuidados Primários à Saúde OR Cuidados de Saúde Primários OR Primeiro Nível de Assistência OR Primeiro Nível de Atendimento OR Primeiro Nível de Atenção OR Primeiro Nível de Atenção à Saúde OR Primeiro Nível de Cuidado OR Primeiro Nível de Cuidados) OR (Acolhimento OR User Embracement OR Acogimiento) OR (Acceso à Atenção Primária OR Access to Primary Care OR Acceso a Atención Primaria OR Acessibilidade da Atenção Primária OR Acessibilidade dos Cuidados Primários OR Acceso aos Cuidados Primários OR Atenção Primária Acessível OR Cuidados Primários Acessíveis) OR (Equidade no Acesso aos Serviços de Saúde OR Equity in Access to Health Services OR Equidad en el Acceso a los Servicios de Salud OR Equidade no Acesso) OR (Relações Profissional-Paciente OR Professional-Patient Relations OR Relaciones Profesional-Paciente OR Contato com Familiares de Pacientes OR Contato com Pacientes OR Relacionamento Terapêutico OR Relação entre Profissional de Saúde e Paciente OR Relações Farmacêutico-Paciente))
	Medline	2	(Homens OR Men OR Hombres OR Homem) AND ((Atenção Primária à Saúde OR Primary Health Care OR Atención Primaria de Salud OR Atendimento Básico OR Atendimento Primário OR Atendimento Primário de Saúde OR Atenção Básica OR Atenção Básica de Saúde OR Atenção Básica à Saúde OR Atenção Primária OR Atenção Primária de Saúde OR Atenção Primária em Saúde OR Cuidado Primário de Saúde OR Cuidado de Saúde Primário OR Cuidados Primários OR Cuidados Primários de Saúde OR Cuidados Primários à Saúde OR Cuidados de Saúde Primários OR Primeiro Nível de Assistência OR Primeiro Nível de Atendimento OR Primeiro Nível de Atenção OR Primeiro Nível de Atenção à Saúde OR Primeiro Nível de Cuidado OR Primeiro Nível de Cuidados) OR (Acolhimento OR User Embracement OR Acogimiento) OR (Acceso à Atenção Primária OR Access to Primary Care OR Acceso a Atención Primaria OR Acessibilidade da Atenção Primária OR Acessibilidade dos Cuidados Primários OR Acceso aos Cuidados Primários OR Atenção Primária Acessível OR Cuidados Primários Acessíveis) OR (Equidade no Acesso aos Serviços de Saúde OR Equity in Access to Health Services OR Equidad en el Acceso a los Servicios de Salud OR Equidade no Acesso) OR (Relações Profissional-Paciente OR Professional-Patient Relations OR Relaciones Profesional-Paciente OR Contato com Familiares de Pacientes OR Contato com Pacientes OR Relacionamento Terapêutico OR Relação entre Profissional de Saúde e Paciente OR Relações Farmacêutico-Paciente))
MESH+ EMTREE	Pubmed	85	(Men OR Boys OR males OR man OR male) AND ("Health Services Research" OR "Health Care Research" OR "Research, Health Care" OR "Health Services Evaluation" OR "Evaluation, Health Services" OR "Evaluations, Health Services" OR "Health Services Evaluations" OR "Healthcare Research" OR "Research, Healthcare" OR "Medical Care Research" OR "Research, Health Services" OR "Research, Medical Care" OR "Action Research" OR "Research, Action" OR "User Embracement" OR "Access to Primary Care" OR "Accessibility of Primary Care" OR "Primary Care Accessibilities" OR "Primary Care Accessibility" OR "Accessible Primary Care" OR "Accessible Primary Cares" OR "Primary Care, Accessible" OR "access to primary care" OR "access to primary health care" OR "access to primary healthcare" OR "accessibility of primary health care" OR "accessibility of primary healthcare" OR "primary care accessibility" OR "primary health care access" OR "primary health care accessibility" OR "primary healthcare access" OR "primary healthcare accessibility" OR "primary care access" OR "Equity in Access to Health Services" OR "access to care" OR "access to health care" OR "access to health services" OR "access to healthcare" OR "accessibility of care" OR "accessibility of health care" OR "accessibility of health services" OR "accessibility of healthcare" OR "accessible health care" OR "accessible health services" OR "accessible healthcare" OR "health care accessibility" OR "health services accessibility" OR "healthcare access" OR "healthcare accessibility" OR "health care access" OR "Professional-Patient Relations" OR "Professional-Patient Relation" OR "Professional Patient Relations" OR "Relation, Professional-Patient" OR "Relations, Professional-Patient" OR "Professional Patient Relationship" OR "Professional Patient Relationships" OR "Relationship, Professional Patient" OR "Relationships, Professional Patient" OR "Contacting Clients" OR "Client, Contacting" OR "Clients, Contacting" OR "Contacting Client" OR "Pharmacist-Patient Relations" OR "Pharmacist- Patient Relation" OR "Pharmacist Patient Relations" OR "Relation, Pharmacist-Patient" OR "Relations, Pharmacist- Patient" OR "patient-health care professional relation" OR "patient-health care professional relationship" OR "patient- health professional relation" OR "patient-health professional relationship" OR "patient-healthcare professional relationship" OR "patient-professional relations" OR "patient-professional relationship" OR "professional-patient relation" OR "professional-patient relations" OR "professional-patient relationship")
	Scopus	126	(Men OR Boys OR males OR man OR male) AND ("Health Services Research" OR "Health Care Research" OR "Research, Health Care" OR "Health Services Evaluation" OR "Evaluation, Health Services" OR "Evaluations, Health Services" OR "Health Services Evaluations" OR "Healthcare Research" OR "Research, Healthcare" OR "Medical Care Research" OR "Research, Health Services" OR "Research, Medical Care" OR "Action Research" OR "Research, Action" OR "User Embracement" OR "Access to Primary Care" OR "Accessibility of Primary Care" OR "Primary Care Accessibilities" OR "Primary Care Accessibility" OR "Accessible Primary Care" OR "Accessible Primary Cares" OR "Primary Care, Accessible" OR "access to primary care" OR "access to primary health care" OR "access to primary healthcare" OR "accessibility of primary health care" OR "accessibility of primary healthcare" OR "primary care accessibility" OR "primary health care access" OR "primary health care accessibility" OR "primary healthcare access" OR "primary healthcare accessibility" OR "primary care access" OR "Equity in Access to Health Services" OR "access to care" OR "access to health care" OR "access to health services" OR "access to healthcare" OR "accessibility of care" OR "accessibility of health care" OR "accessibility of health services" OR "accessibility of healthcare" OR "accessible health care" OR "accessible health services" OR "accessible healthcare" OR "health care accessibility" OR "health services accessibility" OR "healthcare access" OR "healthcare accessibility" OR "health care access" OR "Professional-Patient Relations" OR "Professional-Patient Relation" OR "Professional Patient Relations" OR "Relation, Professional-Patient" OR "Relations, Professional-Patient" OR "Professional Patient Relationship" OR "Professional Patient Relationships" OR "Relationship, Professional Patient" OR "Relationships, Professional Patient" OR "Contacting Clients" OR "Client, Contacting" OR "Clients, Contacting" OR "Contacting Client" OR "Pharmacist-Patient Relations" OR "Pharmacist- Patient Relation" OR "Pharmacist Patient Relations" OR "Relation, Pharmacist-Patient" OR "Relations, Pharmacist- Patient" OR "patient-health care professional relation" OR "patient-health care professional relationship" OR "patient- health professional relation" OR "patient-health professional relationship" OR "patient-healthcare professional relationship" OR "patient-professional relations" OR "patient-professional relationship" OR "professional-patient relation" OR "professional-patient relations" OR "professional-patient relationship")
	Web of Science	108	(Men OR Boys OR males OR man OR male) AND ("Health Services Research" OR "Health Care Research" OR "Research, Health Care" OR "Health Services Evaluation" OR "Evaluation, Health Services" OR "Evaluations, Health Services" OR "Health Services Evaluations" OR "Healthcare Research" OR "Research, Healthcare" OR "Medical Care Research" OR "Research, Health Services" OR "Research, Medical Care" OR "Action Research" OR "Research, Action" OR "User Embracement" OR "Access to Primary Care" OR "Accessibility of Primary Care" OR "Primary Care Accessibilities" OR "Primary Care Accessibility" OR "Accessible Primary Care" OR "Accessible Primary Cares" OR "Primary Care, Accessible" OR "access to primary care" OR "access to primary health care" OR "access to primary healthcare" OR "accessibility of primary health care" OR "accessibility of primary healthcare" OR "primary care accessibility" OR "primary health care access" OR "primary health care accessibility" OR "primary healthcare access" OR "primary healthcare accessibility" OR "primary care access" OR "Equity in Access to Health Services" OR "access to care" OR "access to health care" OR "access to health services" OR "access to healthcare" OR "accessibility of care" OR "accessibility of health care" OR "accessibility of health services" OR "accessibility of healthcare" OR "accessible health care" OR "accessible health services" OR "accessible healthcare" OR "health care accessibility" OR "health services accessibility" OR "healthcare access" OR "healthcare accessibility" OR "health care access" OR "Professional-Patient Relations" OR "Professional-Patient Relation" OR "Professional Patient Relations" OR "Relation, Professional-Patient" OR "Relations, Professional-Patient" OR "Professional Patient Relationship" OR "Professional Patient Relationships" OR "Relationship, Professional Patient" OR "Relationships, Professional Patient" OR "Contacting Clients" OR "Client, Contacting" OR "Clients, Contacting" OR "Contacting Client" OR "Pharmacist-Patient Relations" OR "Pharmacist- Patient Relation" OR "Pharmacist Patient Relations" OR "Relation, Pharmacist-Patient" OR "Relations, Pharmacist- Patient" OR "patient-health care professional relation" OR "patient-health care professional relationship" OR "patient- health professional relation" OR "patient-health professional relationship" OR "patient-healthcare professional relationship" OR "patient-professional relations" OR "patient-professional relationship" OR "professional-patient relation" OR "professional-patient relations" OR "professional-patient relationship")

MESH+ EMTREE	CINAHL	209	(Adult OR Adults OR "grown-ups" OR "growing up" OR "growing up" OR "Young Adult" OR "Adults, Young" OR "Adult, Young" OR "Young Adults" OR "prime adult" OR "prime adults") AND (Men OR Boys OR males OR man OR male) AND ("Health Services Research" OR "Health Care Research" OR "Research, Health Care" OR "Health Services Evaluation" OR "Evaluation, Health Services" OR "Evaluations, Health Services" OR "Health Services Evaluations" OR "Healthcare Research" OR "Research, Healthcare" OR "Medical Care Research" OR "Research, Health Services" OR "Research, Medical Care" OR "Action Research" OR "Research, Action" OR "User Embrace" OR "Access to Primary Care" OR "Accessibility of Primary Care" OR "Primary Care Accessibilities" OR "Primary Care Accessibility" OR "Accessible Primary Care" OR "Accessible Primary Cares" OR "Primary Care, Accessible" OR "access to primary care" OR "access to primary health care" OR "access to primary healthcare" OR "accessibility of primary health care" OR "accessibility of primary healthcare" OR "primary care accessibility" OR "primary health care access" OR "primary health care accessibility" OR "primary healthcare access" OR "primary healthcare accessibility" OR "primary care access" OR "Equity in Access to Health Services" OR "access to care" OR "access to health care" OR "access to health services" OR "access to healthcare" OR "accessibility of care" OR "accessibility of health care" OR "accessibility of health services" OR "accessibility of healthcare" OR "accessible health care" OR "accessible health services" OR "accessible healthcare" OR "health care accessibility" OR "health services accessibility" OR "healthcare access" OR "healthcare accessibility" OR "health care access" OR "Professional-Patient Relations" OR "Professional-Patient Relation" OR "Professional Patient Relations" OR "Relation, Professional-Patient" OR "Relations, Professional-Patient" OR "Professional Patient Relationship" OR "Professional Patient Relationships" OR "Relationship, Professional Patient" OR "Relationships, Professional Patient" OR "Contacting Clients" OR "Client, Contacting" OR "Clients, Contacting" OR "Contacting Client" OR "Pharmacist-Patient Relations" OR "Pharmacist- Patient Relation" OR "Pharmacist Patient Relations" OR "Relation, Pharmacist-Patient" OR "Relations, Pharmacist- Patient" OR "patient-health care professional relation" OR "patient-health care professional relationship" OR "patient- health professional relation" OR "patient-health professional relationship" OR "patient-healthcare professional relationship" OR "patient-professional relations" OR "patient-professional relationship" OR "professional-patient relation" OR "professional-patient relations" OR "professional-patient relationship")
	EMBASE	178	(Adult OR Adults OR "grown-ups" OR "growing up" OR "growing up" OR "Young Adult" OR "Adults, Young" OR "Adult, Young" OR "Young Adults" OR "prime adult" OR "prime adults") AND (Men OR Boys OR males OR man OR male) AND ("Health Services Research" OR "Health Care Research" OR "Research, Health Care" OR "Health Services Evaluation" OR "Evaluation, Health Services" OR "Evaluations, Health Services" OR "Health Services Evaluations" OR "Healthcare Research" OR "Research, Healthcare" OR "Medical Care Research" OR "Research, Health Services" OR "Research, Medical Care" OR "Action Research" OR "Research, Action") AND ("User Embrace" OR "Access to Primary Care" OR "Accessibility of Primary Care" OR "Primary Care Accessibilities" OR "Primary Care Accessibility" OR "Accessible Primary Care" OR "Accessible Primary Cares" OR "Primary Care, Accessible" OR "access to primary care" OR "access to primary health care" OR "access to primary healthcare" OR "accessibility of primary health care" OR "accessibility of primary healthcare" OR "primary care accessibility" OR "primary health care access" OR "primary health care accessibility" OR "primary healthcare access" OR "primary healthcare accessibility" OR "primary care access" OR "Equity in Access to Health Services" OR "access to care" OR "access to health care" OR "access to health services" OR "access to healthcare" OR "accessibility of care" OR "accessibility of health care" OR "accessibility of health services" OR "accessibility of healthcare" OR "accessible health care" OR "accessible health services" OR "accessible healthcare" OR "health care accessibility" OR "health services accessibility" OR "healthcare access" OR "healthcare accessibility" OR "health care access" OR "Professional-Patient Relations" OR "Professional-Patient Relation" OR "Professional Patient Relations" OR "Relation, Professional-Patient" OR "Relations, Professional-Patient" OR "Professional Patient Relationship" OR "Professional Patient Relationships" OR "Relationship, Professional Patient" OR "Relationships, Professional Patient" OR "Contacting Clients" OR "Client, Contacting" OR "Clients, Contacting" OR "Contacting Client" OR "Pharmacist-Patient Relations" OR "Pharmacist- Patient Relation" OR "Pharmacist Patient Relations" OR "Relation, Pharmacist-Patient" OR "Relations, Pharmacist- Patient" OR "patient-health care professional relation" OR "patient-health care professional relationship" OR "patient- health professional relation" OR "patient-health professional relationship" OR "patient-healthcare professional relationship" OR "patient-professional relations" OR "patient-professional relationship" OR "professional-patient relation" OR "professional-patient relations" OR "professional-patient relationship")
	Cochrane	33	(Adult OR Adults OR "grown-ups" OR "growing up" OR "growing up" OR "Young Adult" OR "Adults, Young" OR "Adult, Young" OR "Young Adults" OR "prime adult" OR "prime adults") AND (Men OR Boys OR males OR man OR male) AND ("Health Services Research" OR "Health Care Research" OR "Research, Health Care" OR "Health Services Evaluation" OR "Evaluation, Health Services" OR "Evaluations, Health Services" OR "Health Services Evaluations" OR "Healthcare Research" OR "Research, Healthcare" OR "Medical Care Research" OR "Research, Health Services" OR "Research, Medical Care" OR "Action Research" OR "Research, Action") AND ("User Embrace" OR "Access to Primary Care" OR "Accessibility of Primary Care" OR "Primary Care Accessibilities" OR "Primary Care Accessibility" OR "Accessible Primary Care" OR "Accessible Primary Cares" OR "Primary Care, Accessible" OR "access to primary care" OR "access to primary health care" OR "access to primary healthcare" OR "accessibility of primary health care" OR "accessibility of primary healthcare" OR "primary care accessibility" OR "primary health care access" OR "primary health care accessibility" OR "primary healthcare access" OR "primary healthcare accessibility" OR "primary care access" OR "Equity in Access to Health Services" OR "access to care" OR "access to health care" OR "access to health services" OR "access to healthcare" OR "accessibility of care" OR "accessibility of health care" OR "accessibility of health services" OR "accessibility of healthcare" OR "accessible health care" OR "accessible health services" OR "accessible healthcare" OR "health care accessibility" OR "health services accessibility" OR "healthcare access" OR "healthcare accessibility" OR "health care access" OR "Professional-Patient Relations" OR "Professional-Patient Relation" OR "Professional Patient Relations" OR "Relation, Professional-Patient" OR "Relations, Professional-Patient" OR "Professional Patient Relationship" OR "Professional Patient Relationships" OR "Relationship, Professional Patient" OR "Relationships, Professional Patient" OR "Contacting Clients" OR "Client, Contacting" OR "Clients, Contacting" OR "Contacting Client" OR "Pharmacist-Patient Relations" OR "Pharmacist- Patient Relation" OR "Pharmacist Patient Relations" OR "Relation, Pharmacist-Patient" OR "Relations, Pharmacist- Patient" OR "patient-health care professional relation" OR "patient-health care professional relationship" OR "patient- health professional relation" OR "patient-health professional relationship" OR "patient-healthcare professional relationship" OR "patient-professional relations" OR "patient-professional relationship" OR "professional-patient relation" OR "professional-patient relations" OR "professional-patient relationship")

## RESULTS

To guide the extraction of information from the included articles, a data collection instrument was created containing: database, author and year (according to ABNT), study title, origin, language, method, objective,

level of evidence, age of the target audience, access strategies, reception, and strengthening of bonds with men in Primary Health Care.

In this process, the search and selection were performed independently by two researchers. To optimize screening by title, abstract, and full

text, the findings were exported to Rayyan, developed by the Qatar Computing Research Institute (QCRI)<sup>(13)</sup>. Disagreements were resolved by a third blinded evaluator, considering a parameter for inclusion greater than 70% agreement.

**Table 2: Research team. Salvador, Bahia, Brazil, 2025.**

ROLE PLAYED BY THE MEMBER	AFFILIATION
Researcher 1	UFBA
Researcher 2	UFBA
Researcher 3	UFBA

After coding, the data were organized into similarities and differences, compiled in Excel for Windows® (version 2013) and validated by double-checking, minimizing possible errors. In addition, Endnote® was

used for reference management, data sharing, and duplicate identification, reducing bias. The analysis took place in two stages: initially, the studies were identified and the titles and abstracts were evaluated. Subsequently,

a critical analysis of the entire study was performed. The results will be presented and discussed through a narrative synthesis, aligned with the objective and research question of the

**Table 1: Data extraction model. Salvador, Bahia, Brazil, 2025**

No.	Year	Author	Study Location	Journal	Title	General Objective	Research Object	Methodological Design	Main Results	Conclusion of the Study
-	-	-	-	-	-	-	-	-	-	-

Thus, studies were classified according to the level of evidence according to Melnyk & Fineout-Overholt, as follows: Level I – evidence from systematic reviews or meta-analyses of all randomized controlled clinical trials, or from clinical guidelines based on systematic reviews of these trials; Level II – evidence from at least one well-designed randomized controlled clinical trial; Level III – evidence from well-designed clinical trials without randomization; Level IV – evidence from well-designed cross-sectional, ecological, cohort, and case-control studies; Level V – ev-

idence from systematic reviews of descriptive and qualitative studies; Level VI – evidence from isolated descriptive or qualitative studies; Level VII – expert opinions, experience reports, consensus statements, regulations, and legislation<sup>(14)</sup>.

**CONCLUSION**

The findings will be presented in a flowchart and narrative summary, in accordance with the guidelines established by PRISMA-ScR. This protocol will guide the systematic review, en-

abling the identification of gaps, the synthesis of existing knowledge, and the basis for future research. In addition, it may contribute to clinical and care management decision-making, as well as expand the professional and care clinical repertoire by presenting new strategies and possibilities for practical care interventions.

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